Tousled Wavy Hairstyle Maintenance Guide

Goal

Achieve and maintain a soft, curly/wavy, voluminous look like in the reference image, while managing oil and fine straight hair.

Wash Routine

- Shampoo (3-4x/week):
  * Kérastase Bain Divalent
  * Ouai Detox Shampoo (1x/week)
- Conditioner:
  * SheaMoisture Coconut Water Conditioner
  * L'Oreal EverPure
- Dry Shampoo (as needed):
  * Batiste
  * Living Proof Perfect Hair Day

After Shower Routine

1. Gently towel-dry with a microfiber towel or T-shirt.
2. Apply products to damp hair:
   - Sea Salt Spray: Bumble & Bumble Surf Spray
   - (Optional) Mousse: Moroccanoil Curl Control or Cake The Curl Friend
3. Scrunch hair upward to build wave.

Drying

- Air dry or use a diffuser on low/medium heat while scrunching.
- For extra curl, use a small barrel curling iron on a few random sections.

Night Routine

- Sleep on a satin/silk pillowcase.

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- In the morning, refresh hair by misting water + scrunching with sea salt spray again.

Weekly Care

- Scalp scrub: Briogeo Scalp Revival (1x/week)
- Trim every 6-8 weeks to maintain shape and remove split ends.

For Long-Term Solution

- Ask your stylist about a digital wave perm or loose rod perm to achieve this texture with low daily effort.